



VIRGINIA UNIVERSITY OF
INTEGRATIVE MEDICINE

VUIM Campus Reopening Plan

This plan is under review by the State Council of Higher Education for Virginia



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Guiding Principles

Throughout the development of the Reopening Plan, leadership at VUIM were guided by these principles:

- The public health and well-being of our main constituencies (faculty, students, staff, patients) is our first priority
- Class schedule modifications should allow students to make academic progress toward their graduation.
- In-person labs and other experiential classes are prioritized when possible.
- A return to normalcy is paramount given that the educational experience of becoming a practitioner of Acupuncture involves the interaction between our students and faculty in classrooms, labs, and clinical treatment rooms.

Repopulation of the Campus

1. Establishment of a COVID-19 coordinator/campus team

- a. Coordinator
 - i. Name: John Yoo
 - ii. Email Address: jyoo@vuim.edu
 - iii. Mobile Number: 703-618-6756
- b. Secondary Coordinator
 - i. Name: Chad Egresi
 - ii. Email Address: cegresi@vuim.edu
 - iii. Mobile Number: 607-288-3407

2. Contact information and procedures for reaching the local health department.

- a. Fairfax County Health Department
 - i. Joseph Willard Health Center
 1. 3750 Old Lee Highway
 2. Fairfax, VA, 22030-1806
 3. Email: JosephWillard.Center@fairfaxcounty.gov
 4. Phone: 703-246-7100
- b. Procedures for Contacting Local Health Department
 - i. The Primary Contact (or secondary contact in the event the Primary Contact is unavailable) for the Virginia University of Integrative Medicine will be notified in the event a COVID-19 case is identified.
 - ii. The Primary or Secondary contact will be responsible for contacting the Fairfax County Health Department to notify them of the incidence/case immediately upon identification. Contact will be made by phone and email for redundancy.

3. Students' initial return to campus (such as initial screening, move-in)

- a. Students will return to campus Monday, October 5th, 2020 for their first day of class for the Fall Term.
- b. The students returning to class will be a small, subset of the larger student body of the Virginia University of Integrative Medicine.
- c. Students returning to campus will consist of only those registered and enrolled in courses requiring practical/laboratory-based training of Acupuncture.
- d. Those students returning to campus will complete an "Acknowledgement of Risk Form" as dictated by Secretary Qarni's May 26th Health Education Advisement.
- e. The institution understands that students may only be placed into clinical settings if they have read and signed an acknowledgement of risk. We will utilize the form/template provided by SCHEV, developed through the Secretary's workgroup to fulfill the intended purpose.
- f. Any modifications that must be made to the form will be completed under guidance of legal counsel.

4. Education/training of students: consider COVID-19 prevention education as part of student orientation. (hand washing, staying home if ill, etc.)

- a. The Virginia University of Integrative Medicine’s New Student Orientation is scheduled for September 23rd, 2020. All new students, including students admitted to the term after orientation has taken place will receive a copy of the presentation by email.
- b. To minimize physical contact and support social distancing guidelines, the New Student Orientation will be conducted online via video conferencing /webinar software (Zoom).
- c. New students who are admitted and enrolled for the first time at the Virginia University of Integrative Medicine for the Fall Quarter will be provided training that promotes behaviors that reduce spread of COVID-19.
 - i. Trainings will include guidance on Staying Home or Self-Isolating when Appropriate; Hand Hygiene and Respiratory Etiquette; Recommended Face Coverings; Availability of Supplies and Message Reminders regarding guidance.
- d. Returning students enrolled for the Fall Quarter will be provided the same training through a separate presentation. The date of the presentation is to be determined but will take place prior to the 10/5/20 return to campus. The presentation will be emailed to all students.
- e. Both presentations will be recorded for those who are unable to attend the live session.

5. Physical Distancing, according to CDC guidance:

a. Strategies to allow physical distancing in classrooms/learning environments. (e.g. occupancy, staggered schedules, classroom layouts, workspace distancing, etc.)

- i. The Virginia University of Integrative Medicine (VUIM) is taking a conservative approach and strategy with respect to its reopening in the Fall. The institution is purposefully taking a measured approach by limiting the return of students to campus to those who register and enroll for courses requiring practical/laboratory-based training of Acupuncture. Each degree granting program offered at VUIM offers a fraction of its total program hours in the form of practical/laboratory-based training:

Program Name	Total Hours	Practical Clinic Hours	Lab Hours
Master of Science in Oriental Medicine	3030	990	200
Master of Science in Acupuncture	2090	690	160
Doctor of Acupuncture and Oriental Medicine	1260	180	0
Doctor of Acupuncture	2492	810	160
Doctor of Oriental Medicine	3432	1110	200

- ii. Modeled against our institution’s Spring 2020 and Summer 2020 enrollment data, our proposed plan to limit on-campus training to only those courses with Practical/Lab components would have led to on-campus instruction according to the following table:

Course	Spring 2020 Qtr.	Summer 2020 Qtr.
	# of Students Enrolled	# of Students Enrolled
AC360	0	21
AC360K	14	5
AC360C	0	0
AC370	14	13
AC370K	12	0
AC370K	16	0
AC370C	0	0
AC410	19	0
AC410K	14	10
AC410C	0	3
AC420	0	13
AC420K	0	21
AC420C	0	0
AC430	14	29
AC430K	0	0
AC430C	0	10
AC510	0	16
AC510K	0	23
AC510C	0	0
WM450	16	13
WM450K	18	24
WM450C	0	8
WM540	0	10
WM540K	33	0
WM540C	8	6
Total Enrolled	178	225
Avg. Enrolled Per Course Offered	16	14

iii. Courses would be scheduled and offered so that no more than 50 students and faculty would be on campus for a course at any one time. Based on the registration/enrollment from our Spring and Summer quarters, the maximum threshold of 50 individuals on campus would not have been exceeded.

b. Social distancing considerations outside the classroom (e.g. limiting visitors, changes to dining services, extracurricular activities, sorority/fraternity life, etc.)

- i. The commuter-nature of the Virginia University of Integrative Medicine student population supports the promotion of social distancing considerations outside of the classroom. VUIM does not offer:
 1. On campus or off-campus housing
 2. Dining Services
 3. Sorority/Fraternity Life
 4. On campus or off campus school sanctioned Extracurricular Activities
- c. **Restrict occupancy/stagger use of communal, shared spaces such as lounges, exercise rooms, dining halls, etc. to ensure physical distancing. Occupancy must be consistent with any active Executive Orders.**
 - i. During the limited return to campus in the Fall, eating and food on campus will be strictly prohibited in the classroom and anywhere on campus grounds. Students will be permitted to bring a single beverage (i.e. water bottle, thermos, cup) for personal use.
- d. **Limitations on size of gatherings and/or strict physical distancing to be in place during gatherings.**
 - i. As noted in Executive Order 65 issued by the Governor, strict adherence to Social Distancing will be in effect on campus. VUIM will not hold or host gatherings of more than 50 individuals. Faculty and Staff will work collaboratively to monitor adherence to social distancing guidelines on campus. Students will be asked to serve the greater VUIM community by self-policing and encouraging their fellow student colleagues to adhere to guidelines
- e. **Strategies for food/dining services should be consistent with plans to optimize physical distancing. Plans regarding dining services should consider strategies such as requirements for face coverings, policies to encourage staff to stay home if ill, ensuring adequate hand hygiene, routine cleaning/disinfection, and health screenings for staff. Implement engineering controls including: limiting the number of diners or other methods of crowd control, appropriate spacing between tables, eliminating buffet-style or self-serve food, and take out/delivery options.**
 - i. As referenced previously, VUIM does not offer dining services and will be closing access to break rooms and lounges on campus during the limited return to campus in the Fall Quarter of 2020. The restricted access to the shared spaces will be coupled with strict prohibitions on eating/food on campus.

6. Hygiene practices and cleaning/disinfecting protocols.

- a. **Cleaning and disinfection protocols to include frequently touched surfaces; transport vehicles; schedules for increased cleaning, routine cleaning, and disinfection; ensuring adequate cleaning supplies and correct use/storage**
 - i. The Virginia University of Integrative Medicine operates in a single, roughly 24000 Square Foot building located in Fairfax, VA. The Building receives nightly cleaning from a professional cleaning vendor contracted by the building landlord (Cleaners of America: Cleanersofamerica.com) that has adjusted their cleaning protocols in response to the current pandemic environment.
 - ii. The cleaning staff are highly trained in the removal of biological contamination from environmental and equipment surfaces. The vendor understands the importance of preventing the transmission of microorganisms from person to person. Through in-depth and ongoing web-based, classroom and hands-on training, their employees are

taught about the needs of education and medical environments. In the event of a breakout, vendors are capable of offering a one-time biohazard clean up and disposal to around-the-clock facilities housekeeping. Special requests for emergency service are available 24 hours a day, seven days a week. Employee training curriculum for the Cleaning Service Vendor is compliant with all regulatory requirements, and includes:

1. Occupational Safety and Health Administration (OSHA) standards, section 1910.1030
 2. National Safety Council Bloodborne Pathogen Program
 3. Disinfectant Chemistry
 4. Aseptic Cleaning
 5. Basic Microbiology
 6. Safety and Security
 7. Universal Precautions
 8. Personal Protective Equipment
 9. Terminal Cleaning and Outbreak Containment
- iii. Moreover, additional midweek and weekend deep cleaning has been contracted by the University to supplement the services provided by the landlord's vendor.
- iv. While the institution understands that most surfaces and objects will only need normal routine cleaning, frequently touched surfaces and objects like light switches and doorknobs will be cleaned and then disinfected to further reduce the risk of germs on surfaces and objects. EPA-approved disinfectants will be used. In the event an EPA-approved disinfectant is unavailable, cleaning service vendors will use 1/3 cup of bleach added to 1 gallon of water, or 70% alcohol solutions to disinfect.
- v. CLASSROOMS AND LIBRARY/STUDY AREA GUIDANCE
1. Sanitize hands when entering and leaving classroom
 2. Disinfect ALL classroom surfaces prior to and at the end of EVERY class including:
 - a. Tables and metal parts of chairs
 - b. Doorknobs
 - c. Light switches
 - d. White Board markers
 - e. treatment table & bolsters
 - f. shelving
 3. Disinfect all personal items at the end of class or clinic shift and before leaving room with wipes provided.
 - a. laptops, ipads, phones, glasses, coffee cups/personal thermos
- vi. FRONT DESK, CLINIC RECEPTION AND STAFF AREA GUIDANCE
1. Disinfect work area at the beginning, middle and end of each day
 - a. desks, computers, phones
 - b. Disinfect desk area used by patients after each patient
 2. Disinfect common areas after each patient time slot
 - a. chairs, doorknobs, water cooler, bannisters, bathrooms, surfaces
 - b. Disinfect sound machines at the end of each day
- vii. CLINIC ROOMS GUIDANCE
1. Disinfect ALL surfaces:
 - a. At the start of each shift

- b. Between each patient
- c. At the end of each shift
- d. Treatment table, door knobs, chairs, tables, bolster, shelving
- e. Change disposable pillowcase and treatment table covering between each patient

b. Provisions for hand sanitizer/handwashing stations

- i. As a medical training institution, the Virginia University of Integrative Medicine has promoted and educated students on the importance of handwashing. Hand Sanitizer stations are located in common areas throughout the campus building. In addition, each room used for practical clinical training is supplied with hand sanitizers. In response to the COVID-19 Pandemic, these efforts will be further supplemented with the addition of hand sanitizer bottles/stations in each classroom that is being used for instruction.

c. Minimize shared objects and ensure adequate supplies to minimize sharing to the extent possible (e.g. dedicated student supplies, lab equipment, computers, etc.).

- i. The nature of Acupuncture medical training limits the use of shared supplies with the exception of treatment tables. Given the limited classroom space and the need for students to practice techniques on one another during lab-based trainings, treatment tables will continue to be shared. However, social distancing measures will be strictly enforced to ensure proper spacing and limited sharing of equipment is observed by students.

7. Housing: it is difficult to maintain physical distancing in on-campus housing, even with modifications. Plans should consider strategies to decrease the risk such as requirements for face coverings in shared spaces, reminders of proper hand hygiene, enhanced cleaning, training for residential advisors/live in staff, restrictions on events/social activities in housing facilities, establishment of occupancy limits, restrictions on building access, etc. IHEs may want to require training and document training of certain staff.

- a. As noted previously, the Virginia University of Integrative Medicine is commuter-based school that does not offer campus housing.

8. Consideration of vulnerable individuals (e.g. 65 years or older, underlying health conditions):

a. Policy options to support those at higher risk for severe illness to mitigate their exposure risk (e.g. telework, modified job duties, virtual learning opportunities).

b. Implement flexible sick leave policies and practices that enable faculty, staff and students to stay home or self-isolate when they are sick or have been exposed.

c. Develop policies for return to class/work after COVID-19 illness.

- i. Since mid-March, when the institution was forced to adjust its operations in response to the COVID-19 Pandemic, all staff and courses have been operating on a remote basis: Courses have engaged in remote learning while staff have been teleworking from home.
- ii. With the limited reopening of campus that is planned for the Fall Quarter of 2020, all faculty – with the exception of those teaching practical/lab courses will continue teaching students remotely, online.
- iii. Leave and excused absence policies will not be punitively enforced for those members of the student body and staff who are taking time off due to illness – especially those exhibiting symptoms of COVID-19. Leave and excused absence policies will be flexibly

applied for employees and students who need to stay home with their children if there are school or childcare closures, or to care for sick family members.

- iv. Policies for returning to class/work after a COVID-19 illness will be as follows:
 1. If a faculty/staff/student is certain they had COVID-19, and exhibited symptoms, they may return to class/work if:
 - a. 3 days have passed with no fever and
 - b. Respiratory symptoms have significantly subsided (e.g. cough, shortness of breath) and
 - c. Has been 10 days since symptoms first appeared
 - d. Depending on the advice of the individual's healthcare provider and availability of testing, a test result for COVID-19 will be required. If tested, the faculty/staff/student can be around others when they have no fever, respiratory symptoms have significantly subsided, and they receive two negative test results in a row, at least 24 hours apart.
 2. If a faculty/staff/student tested positive for COVID-19 but exhibited no symptoms:
 - a. If the individual continues to have no symptoms, they can be with others after:
 - i. 10 days have passed since test
 - ii. Depending on the advice of the individual's healthcare provider and availability of testing, they must get tested to see if they still have COVID-19. If tested, the faculty/staff/student can be around others when they have no fever, respiratory symptoms have significantly subsided, and they receive two negative test results in a row, at least 24 hours apart.
 3. Anyone who has close contact with someone with COVID-19 should stay home for 14 days after exposure based on the time it takes to develop illness.

9. International student considerations (e.g. COVID-19 travel health risks, CDC returning travelers guidelines, travel registry, etc.)

- a. At this time, VUIM does not offer Study Abroad programs; all student-related travel is dictated by the student choosing to travel abroad.
- b. For those students who may have traveled outside of the United States, they will need to stay home for 14 days from the time they returned home from international travel.
- c. During this 14-day period, students will be asked to take these steps to monitor their health and practice social distancing:
 - i. Taking temperature with a thermometer two times a day while monitoring for fever. Also, must watch for cough or trouble breathing. CDC's temperature log will be recommended to monitor temperature.
 - ii. Stay home and avoid contact with others. Do not go to work or school.
 - iii. Do not take public transportation, taxis, or ride-shares.
 - iv. Keep distance from others (about 6 feet or 2 meters).
- d. On July 6th, 2020, the SEVP announced they would be making adjustments to temporary exemptions for nonimmigrant students taking online classes due to the pandemic for the fall 2020 semester. The unexpected change, while an additional challenge on top of the many others we are facing in the COVID-19 pandemic, will be addressed by the International Student Team

and Enrollment Management Team of the Virginia University of Integrative Medicine. While the University planned to offer a mix of online and in-person study to all of our students during the limited reopening planned for the Fall 2020 Quarter, under the terms of the new regulation it appears this will be a mandatory and standard operating procedure if we wish to support our international student community and allow them to continue with their VUIM educational experience. Our institution's leadership will be using the weeks ahead to design a course schedule that will accommodate all of those who plan to be with VUIM for their studies, providing some amount of in-person classroom experience so that they will be able to remain in the U.S. without jeopardizing their immigration status.

10. Partnership and communication/information sharing with the local community, health systems and other stakeholders.

- a. Decisions about responses to the presence of COVID-19 in the community will be made by the senior leadership of the institution in collaboration with the Local Health Department. Health officials will be notified of any instances of viral infection and assistance will be requested by VUIM to determine which set of strategies might be most appropriate for each instance of our specific community's situation.

11. Face coverings.

- a. Plans submitted by each institution should include information on how it intends to teach/reinforce use of face coverings among students, faculty and staff.
- b. For Faculty cloth face coverings should be worn in times when at least six feet physical distancing cannot be maintained. For example, an instructor standing in a classroom seven feet from students could teach without a face covering. During meetings or gatherings or in narrow hallways or other settings where physical distancing may not be easy to maintain, a face covering would be prudent to wear. Other considerations such as speaking loudly, singing, etc should be considered and may require additional distance.
- c. Students should be encouraged to wear cloth face coverings in times when at least six feet of physical distance cannot be maintained.
- d. Institutions should consider adopting relevant business-sector guidance for staff regarding the use of face coverings (e.g. fitness center, dining, student services, etc.).
 - i. Staff, faculty, student, patient and visitor safety will be the main priority in considering how to handle each situation on campus.
 - ii. Face coverings will be required to be worn on campus at all times, including in public facing areas and in office spaces where six feet of physical distance can be maintained. Faculty, staff and students are required to wear face masks that cover the nose and mouth at all times when in classrooms, labs and other public settings (indoors and outdoors) where physical distancing measures are difficult to maintain. VUIM will provide all faculty and staff with three N95 masks per employee in addition to face shields for those working in the main administrative office and the Teaching Clinic; students are required to provide their own masks, though there will be disposable masks available in the administrative office in the event a student forgets to bring one or misplaces one on campus.
 - iii. Students, faculty and staff who have a religious belief or medical condition that prevents them from wearing a face covering will be exempt from this requirement though there might be other physical distancing strategies that will necessarily be put in place. Faculty

and staff should confer with their supervisor to plan for or handle any needed exceptions.

- iv. Instructions and training on how to use masks will be distributed to all students, staff, and faculty.
- v. Employees and students who do not wear masks should be reported to the Secondary Campus Coordinators immediately. Infractions by students and Employees will be handled in accordance with the University's Code of Conduct policy noted in the Employee Handbook and Student Handbook. Penalties will depend on the frequency and severity of the infraction.
- vi. Employees may remove their face masks while in their private offices with their doors closed.
- vii. Patients of the University's Teaching Clinic will be required to wear face coverings in order to enter the campus and receive treatment. If a patient fails to bring their own mask, Clinic staff will offer a disposable mask with requirement that one be brought during their next visit. A record of disposable mask issuance will be kept. If a patient refuses to wear a face covering, clinic staff will ask the customer to return at another time.
- viii. Contractors are also required to wear face coverings.

12. Student Health Services (SHS):

- a. Assurance of provision of medical-grade PPE for health services staff**
- b. Maintenance of typical (non-COVID-19) health services**
- c. Mental health services**
- d. SHS facility considerations such as waiting areas, signage, environmental management/cleaning, IT considerations, etc.**
- e. SHS administrative/staff considerations such as PPE, employee health program protocols, education/training of staff, billing/charges, staff scheduling, etc.**
- f. SHS patient care considerations such as online appointments, strategies to limit shared objects (e.g. pens, keypads), triage protocols, screening forms, patient screening procedures (e.g. for symptoms/temperature checks before entering the clinic).**
 - i. The Virginia University of Integrative Medicine does not offer an on-campus Student Health Service in the form of a primary care health center. However, as a medical institution providing training to future practitioners of Acupuncture, our institution does operate an on-campus Teaching Clinic. Currently, the clinic is well stocked with both disposable and reusable PPE in the form of masks, gloves, and face shields for clinical staff and faculty. We calculate that we have supplies to last for at least 3 months. We are monitoring the supplies regularly and have plans in place for subsequent orders.
 - ii. Currently the on-campus Teaching Clinic is closed and has been closed since Mid-March 2020. We plan to reopen the Teaching Clinic in the Fall through the limited Reopening planned for the Fall Quarter.

13. Large events, including athletic events, and others such as ceremonies or performances

- a. While large events are uncommon on campus, all events will comply with current guidance from public health and state officials with respect to allowable event size, PPE, and required social distancing.

14. Communications strategy

- a. Senior Leadership of Virginia University of Integrative Medicine have an established protocol for emergency communications that employs a combination of our College Management System, email, and SMS. This takes the form of our website-wide notification space (currently serving as the record and repository for all publicly announced COVID-19-related communications from the university about operations and public health), emergency push notifications via text and mass emails. In addition, public health trainings regarding matters related to COVID19 will be distributed to the entire University community of students, faculty, and staff.

15. Orientation and education/training, including anti-stigma training

- a. A variety of educational resources and trainings designed to keep the VUIM community safe are planned for students. These trainings, developed by the Senior Leadership team including the CEO, President, Academic Dean, and Dean of Enrollment Management will include online opportunities for learning that students can access prior to campus reopening, in-person education that will be delivered during orientation and an ongoing communication campaign reminding the VUIM community to practice responsible behaviors.
- b. Topics of trainings will include Mask Usage and Anti-Stigma training.

Monitoring Health Conditions to Detect Infection

1. Daily health screening questions and/or other health monitoring approaches that can be used to monitor health of the campus population.

- a. Prior to arriving on campus to class, each student, faculty, and staff member will be required to complete an online attestation survey through a combination of Google Surveys and the University's College Management System, Populi. The survey will respond to questions related to body temperature, COVID-19 symptoms and any instructions they have received to self-isolate by another agency or a medical professional. Based on their responses, individuals will be permitted to proceed to campus or will be directed to obtain medical assistance and testing.
- b. VUIM will participate in the usage of the COVIDWISE exposure notification app to help share and distribute information about instances of infection.
- c. Upon arrival on campus, students will be measured for their temperature by dedicated staff or faculty. To further accommodate social distancing measures, the University is looking to procure body temperature scanner kiosks for use at the main entry ways of the campus building.

2. Campus level syndromic (disease) surveillance using electronic health record data or other disease surveillance methods as feasible.

- a. Data tracked from the survey will provide an overall picture of health for the campus. We are in the process of working with our Information Technology team to develop a dashboard of data based on the survey responses and temperature scans to create an informational resource regarding the health of the campus community.

3. Establishment of a testing strategy. Testing strategies should consider testing for all students, faculty or staff with symptoms and access to testing for close contacts of cases as recommended by public

health. Institutions may consult with their local health department, local health systems and other relevant partners.

- a. The Virginia University of Integrative Medicine currently does not have access to the resources to establish an In-House, on campus testing program. VUIM is in the early stages of working with 3rd parties to procure and secure diagnostic tests for COVID-19. Depending on demand and availability, circumstances may change so that testing may be available, in-house.
- b. In the absence of In-house, on campus testing, the University will follow the testing strategy below:
 - i. Faculty, Staff, and Students will follow the established daily health screening protocol.
 - ii. Based on the results, the Faculty/Staff/Student will contact their primary care physician for recommendation to receive a test or contact a testing facility directly to schedule a testing appointment.
 - iii. The Faculty/Staff/Student in question will wait for the results and submit them to the University.
 - iv. Based on the results, the Faculty/Staff/Student will return to campus or Quarantine/Isolate to prevent spread of the disease.

Containment to Prevent Spread of the Disease When Detected

1. Partnership with VDH for contact tracing

- a. VUIM will collaborate closely with the Fairfax County District of the VDH to discuss how the institutions will interact related to contact tracing. VUIM intends to participate in the beta testing of the COVIDWISE app and will encourage the use of COVIDCHECK powered by Bouy to our constituencies (<https://www.vdh.virginia.gov/coronavirus/covidcheck/>)

2. Quarantining and isolating (provision of housing, basic needs, medical case management)

- a. As noted, the Virginia University of Integrative Medicine is a Commuter institution that does not offer on-campus housing – 100% of its students, staff, and faculty reside off campus.
- b. Faculty/Staff/Students living off campus will be expected to quarantine and isolate at their places of residence.
 - i. Any in the community that may live with one another (e.g. roommate/housemate arrangements) will be treated as a “family” and will need to quarantine or isolate together.
 - ii. Any students that carpool or travel to campus together will not be considered a “family unit” but will individually need to quarantine/isolate based on exposure to one another during travel.
 1. Any students that meet either of the “close-contact” circumstances will need to quarantine for 14 days and receive a test for COVID-19, results of which must be reported to VUIM prior to a return to campus being permissible.
- c. Quarantine and Isolation Guidance for Faculty/Staff/Students
 - i. Students should remain in their room/residence.
 - ii. Students should record temperature and symptoms daily.
 - iii. If students need to seek medical care outside of quarantine/isolation, they should wear masks.

3. Campus outbreak management

- a. If an outbreak occurs on campus, the University leadership will contact and consult with the Virginia Department of Health (VDH) for input and direction. Based on the input and direction received from VDH, we trust that the VDH Staff will identify the specific degree of response required. The degree of response will be based on the level of community transmission:

- i. *NO Community Transmission or LIMITED Community Impact*

1. We will continue to operate according to the modified approach we have taken as a part of the Limited Reopening Plan we have developed to address the threat of a variety of infectious diseases such as influenza (flu) and COVID-19;
 2. This includes but is not limited to encouraging students, faculty, and staff to take daily preventive actions to remain healthy:
 - a. Practice handwashing/respiratory etiquette;
 - b. Good eating/sleeping habits;
 - c. Access to preventive health information;
 - d. Routine influenza vaccination;
 - e. Staying home when ill;
 3. We will monitor illness activity and absenteeism; Communicate and share the new procedures prepared in response to COVID19, follow our new protocol for managing ill students, faculty, and staff – including sending them to get tested and/or to self-quarantine;
 4. The institution will also continue to monitor information and guidance distributed from the CDC and VDH to inform its continued decision-making process.

- ii. *MINIMAL TO MODERATE Community Transmission or Community Impact*

1. We will require all students, faculty, and staff who are ill to self-isolate so as to not spread illness to others;
 2. We will cancel events and large gatherings, particularly events with planned or actual attendance of over 50 people;
 3. In concert and consultation with VDH, we will determine if, when, and for how long to suspend classes and postpone or cancel events and activities, especially those classes with 50 or more students;
 4. We will continue to remind and offer communications and training to reduce stigma surrounding those affected by COVID-19 while ensuring the mental health and well-being of students;
 5. If classes are temporarily cancelled, we will implement the following additional measures:
 - a. Cancellation of other events or large gatherings (e.g. club meetings, athletic events) with 50 or more people;
 - b. Closure of the University's Teaching Clinic
 - c. Communicate to students the importance of avoiding crowded gatherings (e.g. parties, gathering at malls, coffee shops, etc.);
 - d. Ensure continuity of academic activities by offering a revised schedule and plan for the possibility of a 100% remote learning process.

- iii. *SUBSTANTIAL Community Transmission or Community Impact*

1. Suspend all classes and postpone or cancel all events and activities, regardless of class or event size;
2. Create a schedule for returning to 100% remote learning for all courses and programs;
3. Develop policies and procedures to limit attendance in all public spaces on campus (e.g. offices, conference rooms, dining halls, fitness centers, libraries, etc.) to no more than 10 people at a time

Essentially, the institution will return to the model operated during the Spring 2020 Quarter.

4. Partnership with local health systems to assure care for symptomatic individuals as needed. (e.g. a local health system representative could serve on the COVID-19 team)

- a. We are continuing to identify a local health system representative (preferably from the Virginia Hospital System or INOVA System) that would be interested and available in taking part and serving as a member of our COVID-19 Team. We will update our plan with that information as recruitment is finalized.

Shutdown Considerations If Necessitated by Severe Conditions and/or Public Health Guidance

1. Plans regarding the criteria and process for campus dismissals or shutdowns. Decisions regarding dismissals and shutdowns should be made in consultation with local and state public health officials.

- a. Given the Virginia University of Integrative Medicine's size and commitment to protecting the health of our constituencies, the institution was able to act quickly and pivot its operations to reflect the changing environment resulting from the COVID-19 outbreak. Our quick thinking and responsiveness allowed us to act nimbly and transition our programs to 100% remote learning for the Spring 2020 quarter.
- b. Having gone through that exercise once before, the University's leadership trusts our ability to respond to the possibility of a campus dismissal/shutdown with equal success. Such decisions will be made in consultation with and according to guidance from local and state public health officials, with information distributed to those bodies.

2. Nature of reduced campus activity in the event of severe conditions/public health direction or guidance.

- a. VUIM now has the experience to confidently execute the reduction of campus activity in the event of severe conditions (such as an outbreak). When doing so, we will keep in mind our need to limit the disruption to our constituencies to the extent we can while continue to offer the learning opportunities our students have come to expect during their time as students with our institution.

3. Considerations regarding student health and safety on campus versus returning home.

- a. Again, as a small private institution that operates in a Commuter Nature without on-campus housing, dining, or student primary care services, any necessary response that will require a shutdown will be enacted swiftly and with minimal disruption.

- b. As we did to close out our Winter 2020 quarter and to prepare for the start of the Spring 2020 Quarter, VUIM staff will increase the frequency of communication through all of our emergency notification channels to effectively notify students about the changes to the institution's operations.

4. Communications plan for dismissals/shutdowns.

- a. The University's established Emergency Management Plan (available within the institution's Academic Catalog) outlines the ways in which communication will be shared with students.
- c. In short, Senior Leadership of the Virginia University of Integrative Medicine have an established protocol for emergency communications that employs a combination of our College Management System, email, and SMS. This takes the form of our website-wide notification space (currently serving as the record and repository for all publicly announced COVID-19-related communications from the university about operations and public health), emergency push notifications via text and mass emails. In addition, public health trainings regarding matters related to COVID19 will be distributed to the entire University community of students, faculty, and staff.
- d. As was the case during the Winter and Spring 2020 quarters, announcements regarding changes are made in a clear and timely manner.

Sources and Reference Documents for the Development of the Plan

- CDC Guidance for Institutions of Higher Education
- Executive Order 65 for State of Virginia
- Higher Education Reopening Guidance
- Higher Education Reopening Plans--Receipt and Review by SCHEV
- VDH Higher Education Testing Guidance
- VUIM Academic Catalog